Module 4: Telling Stories That Move People

1. Why This Matters

Stories only live if they're shared. By shaping and telling them, you:

- Keep your family's memories alive.
- Honour the people who shared their stories with you.
- Strengthen connection through emotion and meaning.
- Add your own voice to your family's legacy.

2. The 5-Part Story Framework

Use this simple structure to shape any story:

1. Scene — Where/when does it begin? Who's there?
2. Challenge — What made this moment matter?
3. Turning Point — What choice or change happened?
4. Outcome — How did things end?
5. Meaning — What does it teach? What should be remembered?

3. Practice Exercise

Pick one story — it can be your own or one you've gathered. Fill in the five parts below:

- Scene: _____
- Challenge: _____
- Turning Point: _____
- Outcome: _____
- Meaning: _____

4. Bring It Alive

When you tell your story, try to include:

- Sensory details (What did it look/sound/smell like?)
- Emotions (How did it feel in the moment?)
- Pauses (Give space for the story to land.)

5. Quick Action Step

Finish this sentence:

> "The story I want to tell next is _____."

6. Inspiration Pull-Quote

> "Stories told with heart will always move people more than facts alone."

Related Toolkit Sections:

- *Story-Arc Guide for Interviewing Elders*
- *Hero's Journey Quick Pick Card*